

Cycle Calendar



	START	END	
CYCLE 1	December 30	January 12	
CYCLE 2	January 13	January 26	
CYCLE 3	January 27	February 09	
CYCLE 4	February 10	February 23	
CYCLE 5	February 24	March 09	
CYCLE 6	March 10	March 23	
CYCLE 7	March 24	April 06	
CYCLE 8	April 07	April 20	
CYCLE 9	April 21	May 04	
CYCLE 10	May 05	May 18	
CYCLE 11	May 19	June 01	
CYCLE 12	June 02	June 15	
CYCLE 13	June 16	June 29	
CYCLE 14	June 30	July 13	
CYCLE 15	July 14	July 27	
CYCLE 16	July 28	August 10	
CYCLE 17	August 11	August 24	
CYCLE 18	August 25	September 07	
CYCLE 19	September 08	September 21	
CYCLE 20	September 22	October 05	
CYCLE 21	October 06	October 19	
CYCLE 22	October 20	November 02	
CYCLE 23	November 03	November 16	
CYCLE 24	November 17	November 30	
CYCLE 25	December 01	December 14	
CYCLE 26	December 15	December 28	
CYCLE 1	December 29	January 2026 11	

Cycle: 14 days commencing Monday as indicated on the cycle calendar in-charge date is the first day of the cycle.

Posting and application: All dates presume all copy has been delivered to copy deadline.

Full terms and conditions of sale can be viewed at: www.global.com/ie

Posting days vary by format. Please contact sales for further information.